

## MST-SA Training Agenda

DAY 1 (9:00am - 4:00pm)	
Duration	Task
5 min.	Goals and Objectives
20 min.	Intro to Contingency Management (CM)
30 min.	Intro to Tony's Case, developing the family (group exercise)
10 min.	Deciding when to do CM, available tools/screens
40 min	Engaging Families in MST SA (CM) - (role play)
10 min.	Break
60 min.	The ABC Assessment - (role play)
60 min	Lunch
60 min.	Developing Family Drug Management Plans - (role play)
10 min	Break
50 min.	Teaching Drug Refusal Skills - (role play)
50 min	Teaching Families how to Drug Test - (role play)
20 min	Point & Level System - Overview, Reading and Signing the Contract - (group exercise)
5 min	Wrap-up, reading assignments and administrative details for DAY 2

Assigned homework - make sure to read overviews and sample dialogues for Chapters 6 & 8 (pages 102-104, 134-141; 168-172; 181-188 - 24 pages total)

DAY 2 (9:00am - 12:00pm)	
Duration	Task
5 min.	Goals and Objectives
20 min.	<i>If not covered the previous day:</i> Point & Level System - Overview, Reading and Signing the Contract - (group exercise)
45 min.	The Point and Level Reward System - Completing the Reward Menu - (role play)
30 min.	The Point and Level Reward System - Monitoring and Managing Points, Using the Checkbook - (group exercise)
10 min.	Break
55 min.	Conducting Integrated Sessions - for clean and dirty drug screens - (role play)
55 min	CM near the end of Treatment, Creating a Sobriety Maintenance Plan - (role play)
5 min	Wrap- & Evaluations